

# Improving Patient *Quality of Life* Through Collaboration

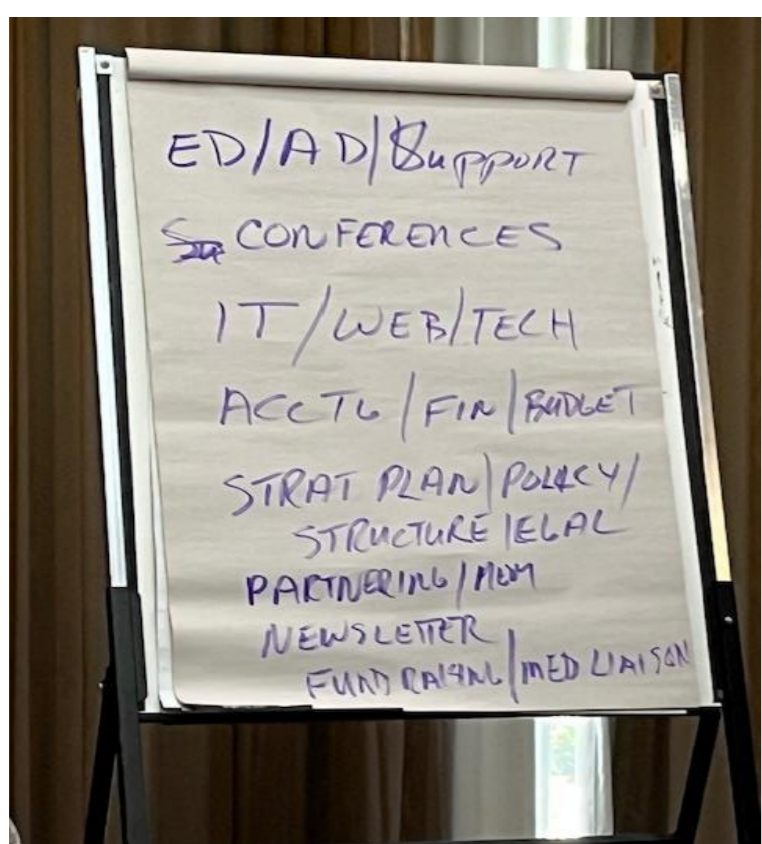


## INTRODUCTION & AIMS

The **Canadian MPN Network – Patient Advocacy Group** extends across all regions Canada.

Our Mission is **“Through education, advocacy, and support, the CMPNN strives to improve the quality of life for Canadian MPN patients and the individual support networks across Canada”.**


This Mission statement was developed at the 2023, 3-year Planning Retreat of Regional Coordinators and Board members, all of which are volunteers and either MPN patients or care partners.



## RESULTS

- ✓ **More** of our mission is completed. Regular meetings with each group has allowed.
- ✓ **More** up-to-date information to Canadian MPN patients & care partners is being forwarded.
- ✓ **More** & better awareness of MPNs in Canada via various groups.
- ✓ **More** thorough submissions to the CDA.
- ✓ **More** webinars available to our MPN audience.



## CONCLUSIONS

1. COLLABORATION with others rather than trying to do it on our own and ‘re-invent the wheel’ is KEY to accomplishing our mission. 
2. We (CMPNN) are not only volunteers but also patients, so we must put our own quality of life first.
3. Being upfront with how far or how much each group is able or willing to go is crucial for success.



## HOW DID WE DO THIS?

Our target audience is two-fold: Canadian MPN Patients & those who are able to assist us with our mission. We continue to have our bi-annual National Conference for the most wide-spread information. However, we have begun **collaborating** with other organizations with similar objectives for those with rare chronic blood cancers.

- We meet monthly with the **Canadian MPN Research Foundation (CMPNRF)**. This group is focused on medical information and like us, interested in forming an MPN Patient Registry for Canada. 
- We have collaborated with the **Leukemia Society of Canada (LLSC)** with submissions to the Canadian Drug Agency (CDA) for new treatments for MPNs in Canada. 
- We have formed a “Group of 3”. This includes the **CMPNN**, **CMPNRF**, and the **Canadian Physician’s Group**. This group meets regularly to evaluate progress in their areas.
- We have invited various Pharma to share in our mission by investing & participating with the CMPNN.



Curious about more details?

[Patti.Saluk@canadianMPNnetwork.ca](mailto:Patti.Saluk@canadianMPNnetwork.ca)  
[www.canadianMPNnetwork.ca](http://www.canadianMPNnetwork.ca)



**MPN Horizons**  
Shifting treatment  
paradigms of MPNs

6-8 September  
Warsaw, Poland **2024.**

Learn.Share.Grow.



# INSTRUCTIONS FOR MPN Horizons 2024 POSTERS

Posters can be sent to [doneva@mpn-advocates.net](mailto:doneva@mpn-advocates.net) and printed at the venue

## REGARDING STYLE

- Size of the poster template: **A1: 59 x 84 cm**
- You can use this poster template or you can have your own design. Be creative as you like!
- Use at least 36 point font for your text and at least 48 point font for the title. Your font style should be legible also.
- We recommend to use images, tables, photos or graphs. Minimum recommended size is 300 dpi.
- Remember that viewers will typically expect information to flow from left to right and from top to bottom. Use arrows, pointing hands, numbers, or letters to help clarify the sequence or flow of the poster.
- Use headings and subheadings to label your information.

## REGARDING CONTENT

- You can present an activity, project, initiative from 2023/2024 developed by your MPN patient organization.

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### A GOOD POSTER SHOULD BE:

- **Readable.** Readability is a measure of how easy it is to understand the ideas and messages presented in the poster. If the text has lots of grammatical errors and misspellings, or contains complex or long sentences, it will be more difficult to understand.
- **Legible.** The text should be easy to read. A common error in poster presentations is use of fonts that are too small to be read from 1-2 meters away, a typical distance for reading a poster.
- **Well organized.** Spatial organization makes the difference between reaching 95% rather than just 5% of your audience: the poster should flow in a logical format – this means that the reader will not have to search out information and can spend more time learning about the initiative.
- **Succinct.** Studies show that you have only 11 seconds to grab and retain your audience's attention so make the punch line prominent and brief. Most of your audience is going to absorb only the punch line. Those who are really interested in the topic will seek you out anyway and chat with you!